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## *The Benefit for Young and Old*

President Ford's proposals plus the ongoing Federal action programs are specifically designed to improve the security, health and quality of life of older Americans. And yet, we all benefit, young as well as old.

For as the President reminds us, "each generation can measure its progress in part by its ability to recognize, respect and renew the contributions of earlier generations."

*President Ford is your President.  
Keep him.*

## President Ford '76

President Ford wants older Americans to be actively involved in his campaign. That's why we have established the *Older Americans for President Ford Committee*. We need your help. Join us.

Complete the information requested below and send to: The Older Americans for President Ford Committee, 1828 "L" St., N.W., Suite 505, Washington, D.C.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Activity choices:

Volunteer  Other (please specify) \_\_\_\_\_

Telephone \_\_\_\_\_

## President Ford is helping older Americans.



*"As President, I intend to  
do everything in my power  
to help our nation  
demonstrate by its deeds  
a deep concern for the  
dignity and worth of  
older persons."*

*President Ford's Message to Congress  
on Older Americans*



"Older Americans continue to enrich our lives with their vision, strength and experience," the President believes, "They've earned the right to live securely, comfortably and independently."

But the President knows, "The single greatest threat to the quality of life of older Americans is inflation."

Under the President's leadership, inflation has been cut almost in half. But he knows more must be done.

That's why he has proposed increased Social Security and Medicare benefits.

## *Increased Social Security Benefits*

President Ford has asked Congress for:

*A full Cost-of-living increase in Social Security benefits, payable in July, 1976.*

This will help maintain the purchasing power of 32 million Americans.

## *Maintaining the Integrity of Social Security*

President Ford is concerned because the Social Security system "now pays out more in benefits than it receives in tax payments."

"I strongly reaffirm my commitment to a stable and financially sound Social Security system." With that goal in mind, the President wants to increase payroll taxes for workers and employers by three tenths of one per cent.

This will cost no worker more than \$1 a week per year. Most will pay less. Contributions will then match or exceed what is paid out, insuring the financial integrity of the system.







## Catastrophic Illness Protection

Every older American lives in fear of a catastrophic illness.

President Ford says, "We have been talking about this problem for many years. We have it within our power to act now so that today's older persons will not be forced to live under this kind of a shadow."

To ease this fear, President Ford wants to protect everyone on Medicare against the cost of catastrophic illness. Under his proposal:

—*Unlimited stays in hospitals and nursing homes would be covered.*

—*No one would pay more than \$500 a year for hospital services, or \$250 for physicians or non-hospital care.*

—*Over one billion dollars would be made available to cover benefit payments for prolonged illness.*

President Ford wants to slow down the inflation of health costs by limiting increases in Medicare rates in 1977 and 1978 to 7% for hospitals and 4% for doctor's services. Further, he wants to discourage overuse of hospitals and medical services. Patients would pay 10% of hospital and nursing home charges after the first day. In addition the deductible would be increased from \$60 to \$77 annually.

Savings from limiting the increases in Medicare rates and some of the revenue from increased cost sharing will be used to finance the catastrophic illness program.

## Strengthening the Older Americans Act

President Ford believes in and will continue to strengthen the Older Americans Act. He voted for it in Congress. Recently he signed into law an extension of the Act. Through the Administration on Aging, a national network on aging composed of state, area and nutrition agencies has been brought into being. For example, at 5,000 locations, the nutrition agencies serve older persons 300,000 hot meals a day, five days a week.

This network helps older persons to:

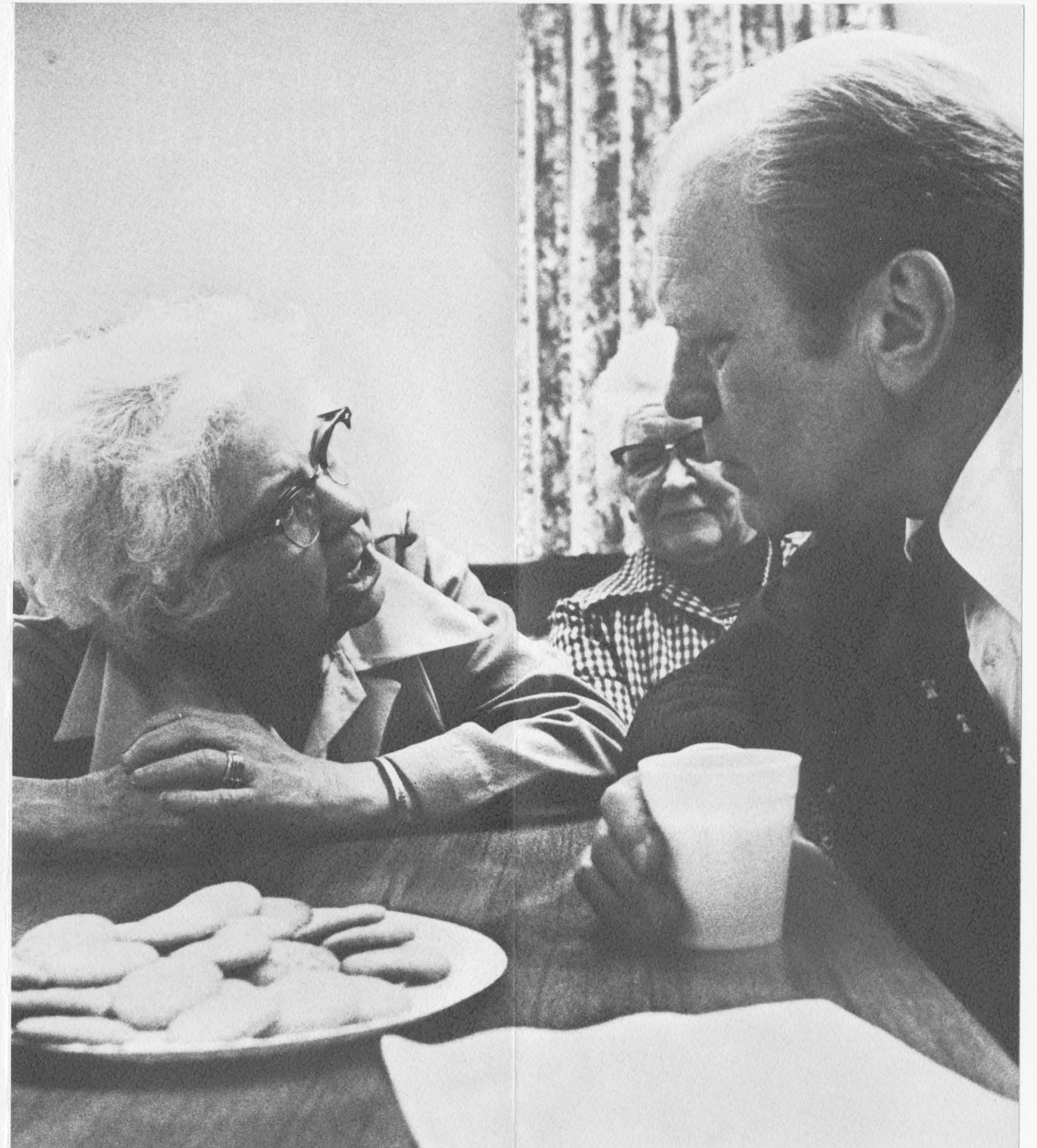
- Know what resources are available
- Secure services enabling them to live in their own homes
- Meet their needs for transportation
- Provide for the weatherization of their homes
- Obtain legal services
- Continue to be involved by serving in full-time, part-time and volunteer positions serving the community
- Cope with housing problems
- Participate in Senior Center activities
- Have a meaningful voice in setting priorities for meeting their needs at the local level.

## Improving Nursing Homes

The network is launching a nation-wide ombudsman program for nursing home residents to hear and resolve individual complaints.

President Ford believes this will, "facilitate important citizen involvement in the vigorous enforcement of Federal, State and local laws designed to improve health and safety standards, and to improve the quality of care in these facilities."

The President Ford Committee, Howard H. Callaway, Chairman, Robert Mosbacher, National Finance Chairman, Robert C. Moot, Treasurer. A copy of our Report is filed with the Federal Election Commission and is available for purchase from the Federal Election Commission, Washington, D.C. 20463.





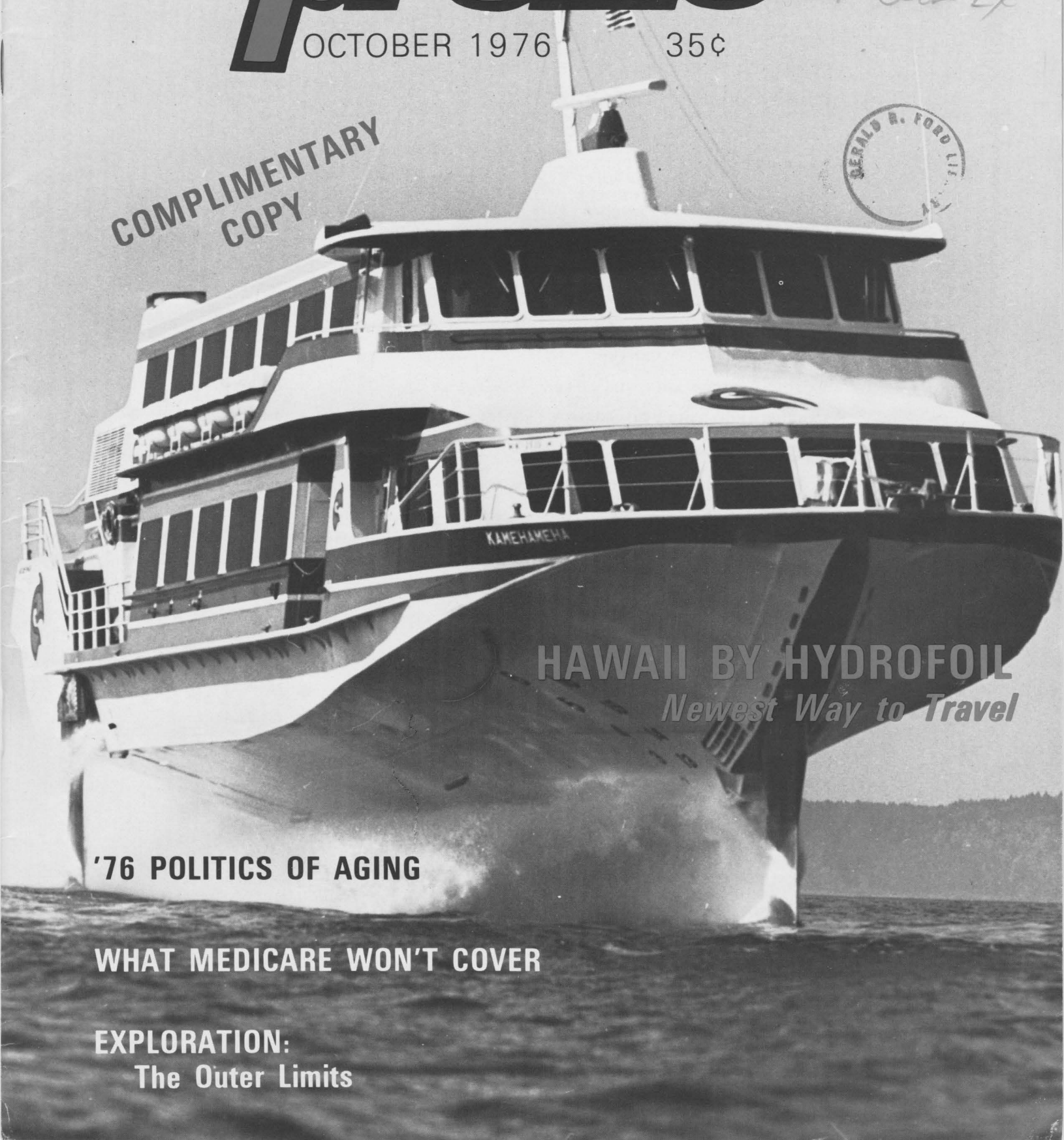
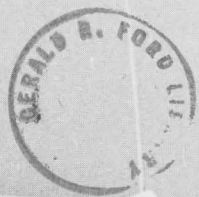
# senior profile

OCTOBER 1976

35¢

Cumulative  
20,000  
9400  
out Oct 24

COMPLIMENTARY  
COPY



HAWAII BY HYDROFOIL  
*Newest Way to Travel*

'76 POLITICS OF AGING

WHAT MEDICARE WON'T COVER

EXPLORATION:  
The Outer Limits



## IMPORTANT SENIOR NUMBERS

AARP (AMERICAN ASSN. OF RETIRED PERSONS).....	227-5268
711 SW Alder #314, Portland 97205	
ADULT DAY CARE CENTER (VOA) .....	232-2233
1111 SE Pine Street, Portland 97214	
AREA AGENCY ON AGING .....	248-4752
620 SW 5th, Portland 97204	
BELMONT DROP-IN CENTER.....	234-2510
3401 SE Belmont, Portland 97214	
CITY/COUNTY COMMISSION ON AGING.....	248-3960
430 SW Morrison #808, Portland 97204	
CITY OF PORTLAND AGING SERVICES FOR SENIOR ADULTS .....	248-4752
CLACKAMAS CO. SENIOR CITIZEN'S COUNCIL .....	655-8578
825 Portland Ave. Gladstone 97207	
COMMUNITY SENIOR CENTER OF HILLSBORO .....	648-3823,
372 NE Lincoln, Hillsboro 97123 (bus) 648-1414	
COUNCIL ON AGING INC. WASH. CO.....	648-8720,
150 N First Street #405, Hillsboro 97123 640-3489	
ELSA J. STUHR ADULT LEISURE CENTER.....	643-9434
5550 SW Hall Blvd., Beaverton 97005	
ERROL HEIGHTS SENIOR CENTER .....	774-2582
7414 SE 52nd, Portland 97206	
FOREST GROVE SENIOR CENTER .....	357-2021
2032 College Way, Forest Grove 97116	
FRIENDLY HOUSE SENIOR CENTER.....	224-2640
1956 NW Everett, Portland 97209	
GRESHAM SENIOR CENTER.....	665-7189
50 NE Elliott, Gresham 97030	
HOLLYWOOD SENIOR CENTER .....	288-8303
1820 NE 40th, Portland 97212	
HOLLYWOOD SENIOR CENTER CRAFT STORE.....	281-8274
4029 NE Sandy, Portland 97212	
JEWISH COMMUNITY CENTER.....	244-0111
6651 SW Capitol Hwy. 97219	
LAMBERT HOUSE/ADULT DAY CARE .....	234-9128
5120 SE 28th Ave., Portland 97202	
LAKE OSWEGO ADULT COMMUNITY CENTER .....	635-3758
505 Avenue G, Lake Oswego 97034	
LOAVES & FISHES INC.....	288-8351
1817 NE 17th Avenue, Portland 97212	
MCCA-MULT. CO. COMMUNITY ACTION AGENCY ON .....	777-4761
4420 SE 64th, Portland 97206	
MEDICARE.....	221-3381
MONTAVILLA SENIOR CENTER .....	254-0698
414 SE 81st, Portland 97215	
NEIGHBORHOOD HOUSE SENIOR ADULT PROGRAM.....	226-3251
3030 SW 2nd, Portland 97201	
NORTHWEST PILOT PROJECT .....	227-5605
824 SW 5th, Portland 97204	
OREGON CITY SENIOR CENTER .....	655-8335
706 Jefferson Street, Oregon City, 97045	
PACT SENIOR SERVICE CENTER.....	233-5426
3588 SE Division, Portland 97202	
PENNINSULA PROJECT ABLE .....	286-8228
8832 N. Syracuse, Portland 97203	
PENINSULA SENIOR CENTER.....	289-8208
7508 N. Hereford, Portland 97203	
PSU ADULT LEARNING CENTER .....	229-4739
Portland State Univ., PO Box 751, Portland 97207	
ROSE CENTER FOR SENIOR ADULTS (SALVATION ARMY) .....	234-0825
1785 NE Sandy Blvd., Portland 97232	
RSVP .....	248-4752
620 SW 5th, Portland 97204	
SANDY SENIOR CENTER.....	668-5569
38885 Pioneer Blvd., Sandy 97055	
SENIOR CITIZEN SERVICE CENTER (VOA) .....	234-9112
726 SE Ash, Portland 97214	
SOCIAL SECURITY .....	221-3381
SOUTHEAST SENIORS, INC.....	234-9371
3588 SE Division, Portland 97202	
TIGARD SENIOR CENTER.....	639-3273
10445 SW Canterbury Lane, Tigard 97223	
URBAN LEAGUE SENIOR ADULT SERVICE CENTER .....	288-8338
3904 NE Union, Portland 97212	
VOLUNTEER BUREAU OF GREATER PORTLAND.....	222-1355
718 W. Burnside, Portland 97209	
VOLUNTEERS IN SERVICE ACTION (VISA) .....	777-4761
4420 SE 64th, Portland 97206	

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### Don't take old age sitting down!

Right now millions of Americans are being forced to sit back and rock their lives away. Simply because they're older. Stop and think about it!

It's going to happen to you. You're going to be "older" someday.

And you're going to have to face the same problems that exist today. Unless you start changing your attitudes about aging now. Get rid of your stereotypes!

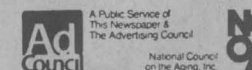
Try and imagine what you'll be like. What you'll want to do. What you'll want to contribute. That's all we ask.

But you'd better hurry. If you don't want to take your old age sitting down, get off your rocker and separate the facts from the myths.

For more information on what you can do, write: The National Council on the Aging, Inc. Box 28503, Washington, D.C. 20005.



Get off your rocker.



### COVER

The Hydrofoil, seaflite, leaves from Oahu for the island of Maui.

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Roy-

This is back up on  
our many requests  
for a major speech  
on Older Americans

Fleming  
Adkins  
Martin

people in the field -  
This stand doesn't  
seem to get  
them





October 8, 1976

TO: Elly

FROM: Margaret Arnold *MA*

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The News release from Frank Church and the apparent overlooking of the Older Americans' problems by the President has brought a deluge of calls for President Ford to address the Older Americans concerning their problems. He must show his interest and concern in a speech similar to the one given February 9, 1976. Attached is an issue which shows the good things he has done. He needs to remind Older Americans that he has them in mind as he works to keep down inflation.

MA/sy  
Enc.





# AARP



# AMERICAN ASSOCIATION OF RETIRED PERSONS

# news bulletin®

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WASHINGTON, D.C.

OCTOBER 1976

## When Due on Weekends

## New System To Speed Up SS Payments

A policy change which will place monthly Social Security checks in the hands of some 30 million recipients on Friday if the third of the month falls on Saturday or Sunday was announced last month by the Treasury Department.

The change is effective immediately and the new policy will affect the date October checks are received. Normally, recipients would get this month's check on Saturday because the customary delivery date on the third of the month comes on Sunday. But because of the new procedure, October's

## Tax Reform Act Extends Reductions, Changes Estate Payments for Heirs



THE TOP WINNER and recipient of \$10,000 for first place in an essay contest, "Toward Our Third Century," sponsored by Wells Fargo in cooperation with the

Congress last month cleared and sent to the White House for President Ford's signature a far-reaching tax revision bill that extends through 1977 tax reductions for individuals and corporations and includes the first major changes in estate taxes in 35 years.

Congressional tax analysts say the sweeping legislation will affect every citizen and give the U.S. Treasury an additional \$1.6 billion in revenues for fiscal 1977, which started Oct. 1. The House and Senate have been working on the legislation for more than two years.

Many provisions of the Tax Reform Act have long been advocated by AARP and will be of general

of the new procedure, October checks are scheduled to be delivered on Friday, Oct. 1, according to Treasury officials.

Treasury Secretary William E. Simon used his discretionary authority to make the change in response to an appeal from more than 30 United States senators, who also requested that monthly checks be delivered the preceding Friday if they are due on a Monday that is a national holiday.

Treasury officials pointed out, however, that if the third of the month is a holiday Monday, checks will continue to be delivered on Saturday, the first. Any departure from this practice would require a change in the law, since checks must be dated during the month of intended payment.

Many older persons do not bank at institutions that have Saturday hours or, for various reasons, do not have weekend check-cashing opportunities and, consequently, don't have funds for two or three days, the letter to Simon said.

The date change also applies to Social Security beneficiaries participating in the Direct Deposit Program in which checks are mailed directly to individual accounts of designated financial institutions.

**Toward Our Third Century**, sponsored by Wells Fargo in cooperation with the Smithsonian Institution, was honored with other winners at a reception-dinner last month at the Smithsonian in Washington, D.C. AARP member Sidney Eisenberger, center, the winner, is congratulated by Charles Blitzer, right, Smithsonian assistant secretary for history and art. At left is Richard Cooley, president of Wells Fargo. Eisenberger learned about the contest in a recent News Bulletin.

## Federal Pensioners Face Loss Of 1% Cost-of-Living 'Kicker'

A House-Senate conference committee has approved an amendment to an appropriations bill that would repeal the automatic one percent add-on that retired federal government employees and military personnel receive when they get a cost-of-living increase in their pensions.

In place of the one percent increment, conferees approved a new method for determining cost-of-living pension adjustments which would affect about 1.1 million retired military personnel and 1.5 million retired civilian employees of the federal government.

The amendment, which has to be voted on by the full House and Senate, provides for annuity increases twice a year, March 1 and Oct. 1, which would reflect the total cost-of-living increases for the preceding six-month period without waiting for the Consumer

Price Index (CPI) to rise at least three per cent and remain at that level for three months. The first increase under the pending amendment could not occur before March 1, 1977, but would be based on the advance in the CPI since the last adjustment.

Commenting on the proposed legislation, an AARP spokesman said the Association "finds it highly objectionable that this legislative amendment was inserted into an appropriations bill on the Senate floor without any opportunity for hearings or discussion by representatives of the retirees who will be affected.

"Our Association believes that the Senate's substitute cost-of-living adjustment mechanism will not prevent a gradual erosion of annuity purchasing power over a period of time."

by AARP and will be of general benefit to older taxpayers, although some particulars of the measure will have a negative impact.

Changes of particular interest to many older persons include liberalization of the retirement income credit, a tax break on any gain from the sale of a personal residence, and substantial restriction of the availability of the maximum \$5,200 gross income exclusion for disability "sick pay."

Under a revised retirement income credit, an individual age 65 or over will be allowed to take into account when computing his credit up to \$2,500 of adjusted gross income (\$3,750 in the case of a joint return where both spouses are eligible) rather than just "retirement income." The \$2,500 maximum, however, must be reduced by any Social Security and Railroad Retirement benefits and \$1 for every \$2 of adjusted gross income in excess of \$7,500 (\$10,000 in the case of a married couple filing jointly). The credit is equal to 15 percent of the amount so determined.

Persons under age 65 who receive a pension from a public employee retirement system can take into account up to \$2,500 of such

*(Continued on page 3)*

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