# GERALD R. FORD: MATERIALS FROM THE WRITING OF "A TIME TO HEAL", 1977-79

## **Collection Type**

Personal Papers

#### **Extent**

15 linear feet (ca. 30,000 pages)

## **Record Type**

Textual

#### **Access**

Most of this collection is unprocessed and temporarily restricted from public access. The items listed on the container list are open.

# Copyright

Gerald R. Ford has donated to the United States of America his copyrights in all of his unpublished writings in National Archives collections. The copyrights to materials written by other individuals or organizations are presumed to remain with them. Works prepared by U.S. Government employees as part of their official duties are in the public domain.

# **Processed by**

Prepared December 1993; revised March 2020.

# **Scope and Content Note**

While writing his autobiography, *A Time to Heal* (New York: Harper & Row, 1979), Gerald R. Ford composed a series of personal reflections on twenty-seven topics ranging from "How I make decisions" to "Advice to a teen-age daughter." Most deal with personal principles: the value of competition, of loyalty, of ambition. Others concern politics and governance: making decisions, the use of the presidential veto, or the role of regulatory agencies. A few relate to more mundane topics such as socializing in Washington or favorite movies. Some touch on historical topics, including a nine-page comment on how history will view Richard Nixon.

What makes these documents so unusual is not only their introspection but also their form. President Ford recorded these observations by hand, writing in blue ball point on his favored yellow writing tablets. The original documents are permanently preserved at the Gerald R. Ford Library in Ann Arbor, Michigan.

The rest of this collection is still unprocessed and is not yet available for research.

#### **Last Modified Date**

2024-06-04

## **Personal Principles**

Status	Title
OPEN / DIGITIZED	What religion means to me?
OPEN / DIGITIZED	Definition of a successful marriage
OPEN / DIGITIZED	Advice to a young man going off on his own
OPEN / DIGITIZED	Advice to a teen-age daughter
OPEN / DIGITIZED	Making and keeping friends
OPEN / DIGITIZED	Playing poker to win
OPEN / DIGITIZED	Learning how to lose
OPEN / DIGITIZED	The art of compromise
OPEN / DIGITIZED	Learning how to be alone
OPEN / DIGITIZED	Athletics and importance of keeping fit
OPEN / DIGITIZED	Revenge or forgiveness have I attempted revenge or extended forgiveness?
OPEN / DIGITIZED	What I've learned from blacks & other minorities

Status Title

OPEN / DIGITIZED The brilliance of the English language
OPEN / DIGITIZED The disappearance of the personal letter

OPEN / DIGITIZED Movies I've liked best

### **Politics and Governance**

Status Title

OPEN / DIGITIZED My definition of a statesman as opposed to a politician

OPEN / DIGITIZED How I make decisions

OPEN / DIGITIZED Credo -- do's and don'ts for a young man going into politics

OPEN / DIGITIZED The unelected representatives on Capitol Hill

OPEN / DIGITIZED

The G.O.P.'s image today -- what it is vs. what it should

be?

OPEN / DIGITIZED Regulatory Agencies -- why so big, so ineffective, so

expensive? What did I try to do about it?

OPEN / DIGITIZED How to deal with experts

OPEN / DIGITIZED Importance of the veto

OPEN / DIGITIZED Washington parties -- what sets them apart?

History

Status Title

OPEN / DIGITIZED Changes in the U.S.A.

OPEN / DIGITIZED The impact of television and its consequences

OPEN / DIGITIZED Richard Nixon's place in history