

The original documents are located in Box 37, folder “Ford, Gerald - Interval Six - Month Physical - July 14, 1976” of the Betty Ford White House Papers, 1973-1977 at the Gerald R. Ford Presidential Library.

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July 14, 1976

MEMORANDUM FOR MR. RON NESSEN

The President is 63 years old today and completed a six-month interval physical examination this morning in the White House Medical Office. His last complete physical examination was performed on January 27, 1976 at Bethesda Naval Hospital. The results of the laboratory tests and physical examination today were completely normal and I have found the President to be in excellent health. He has had no complaints during this period other than mild discomfort in his knee following periods of prolonged standing. The President has maintained his physical capacity for working long hours. He sleeps very well and continues to follow his diet and weighs between 195 and 198 pounds. The electrocardiogram was normal and the blood pressure 120 over 72. His cardiovascular functions remain excellent and he continues with his early morning exercise program and evening swim.

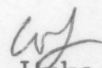
The President feels exceptionally fit and is looking forward to continued good health.

William M. Lukash, M. D.
Rear Admiral, MC, USN
Physician to the President

PRESIDENT GERALD R. FORD
INTERVAL SIX-MONTH PHYSICAL EXAMINATION - July 14, 1976
AGE 63

The President has had no significant complaints since his last examination other than a discomfort in his right knee which resulted from a strain while playing tennis with his family on March 8, 1976. This has been treated with ultrasound and Butazolidin. He has gradually increased his quadriceps strengthening program and is much improved. There has been no effusion for several weeks. The joint itself remains quite stable. He has no other complaints and has had no rectal bleeding during this interval. His general capacity for work and long hours has been unimpaired. The physical examination revealed no abnormalities. He weighs 198 pounds; blood pressure 120/72; pulse rate 67; temperature 98.²; There were no abnormalities on his physical examination and all findings remain unchanged since his last examination. Measurements of the thighs taken from a point eight inches above the tibial tuberosity showed a diameter of 18 inches on the left thigh and 17½ inches on the right thigh. The electrocardiogram was normal. The blood count, SMA-12 and SMA-6 were all within normal limits.

In general the President is in good health and no recommendations regarding the results of his physical examination were necessary.


William M. Lukash, M.D.

FORD, President Gerald R.
 The White House
 372-28-6532

**HEMA-
TOLOGY**

SPECIMEN/LAB. RPT. NO.

URGENCY

PATIENT STATUS

ROUTINE

BED

AMB.

TODAY

OUTPATIENT

NP

DOM.

PRE-OP

SPECIMEN SOURCE

STAT

VEIN

CAP

OTHER (Specify)

Enter in above space:

PATIENT IDENTIFICATION-TREATING FACILITY-WARD NO.-DATE

REQUESTING PHYSICIAN'S SIGNATURE

REPORTED BY

MD DATE

LAB. ID. NO.

Wm. M. Lukash, M.D.

TECH

REMARKS:

*trace ATL
 trace Aniso
 IT Poik*

*C
 0955
 5/2/74*

DATE	SPECIMEN TAKEN	METH OD (X)	AUTO-MATED		DIFFERENTIAL														PLATELET COUNT	RETICULO-CYTE COUNT	CLOTTING TIME	BLEEDING TIME	P T T		P R O T I M				SICKLING TEST	LE PREP	MCV	MCH	MCHC							
			REQUESTED	RBC COUNT	HGB	HCT	WBC COUNT	IMMATURE	NEUTRO-BANDS	NEUTRO-SEGS.	LYMPHO-CYTE	EOSINO-PHILS	BASO-PHILS	MONO-CYTES	PLATELETS	RBC	SED. RATE	CONTROL					PATIENT	CONTROL	PATIENT	% ACTIVITY	RATIO													
7/14/76	0700																																							
RESULTS																																								
4.79																																								
15.5																																								
44.9																																								
6.7																																								
3																																								
60																																								
31																																								
6																																								
Adeq																																								

HEMATOLOGY

FORD, President Gerald R.
 The White House
 372-28-6532

295.2000
 Ch McWhorter

SPECIMEN/LAB. RPT. NO.

CHEM I

URGENCY

ROUTINE

TODAY

PRE-OP

STAT

PATIENT STATUS

BED AMB.

OUTPATIENT

NP DOM.

SPECIMEN SOURCE

BLOOD

OTHER (specify)

Enter in above space: PATIENT IDENTIFICATION — TREATING FACILITY — WARD NO. — DATE

REQUESTING PHYSICIAN'S SIGNATURE

Wm. M. Lukash, M.D.

REPORTED BY

MD

DATE

TECH

LAB. ID. NO.

REMARKS

C
 0955
 JLN

TEST(S)

SPECIMEN TAKEN

DATE 7-14-76 TIME 0700 A.M.
 P.M.

METHOD

AUTOMATED
 MANUAL

RESULTS (x)

REQUESTED

97. GLUCOSE
 16.6 UREA N.
 139. CREATININE
 4.1 URIC ACID
 104. SODIUM
 26. POTASSIUM
 CHLORIDE
 CO₂
 PHOSPHATE
 CALCIUM
 TOTAL PROTEIN
 ALBUMIN
 GLOBULIN
 PHOSPHATASE
 ALKALINE
 PHOSPHATASE-ACID
 SGOT
 LDH
 CPK

BILIRUBIN (TOTAL)
 BILIRUBIN (DIRECT)
 BSP
 CHOLESTEROL
 TRIGLYCERIDES
 AMYLASE
 LIPASE

PROFILE (specify)

SMA-6

CHEMISTRY I

STANDARD FORM 546 (JULY 1971) - GSA FPMR 110-11.8

CLINICAL RECORD

LABORATORY REPORTS

ATTACH 3D REPORT ALONG HERE ↑ AND SUCCEEDING ONES ON ABOVE LINES

ATTACH 2D REPORT WITH TOP AT THIS LINE ↑

ATTACHING MARGIN

FORD, President Gerald R.
 The White House
 372-28-6532

025700

Enter in above space:

PATIENT IDENTIFICATION—TREATING FACILITY—WARD NO.—DATE

REQUESTING PHYSICIAN'S SIGNATURE

Wm. M. Lukash, M.D.

REPORTED BY

DATE

MD
TECH

CLINICAL INFORMATION (Include Specimen Source)

urine

14 JUL 76 20 6 05

ANTIBACTERIAL THERAPY

LABORATORY DEPARTMENT
 HAYMERSCHOL, HHMC
 BETHESDA, MARYLAND 20014

COLONY COUNT
 200 /ML
 OF URINE.

Streptococci

7/15/76

SPECIMEN/LAB RPT. NO.	
MICRO-BIOLOGY I	
PATIENT STATUS	INFECTION
<input type="checkbox"/> BED	<input type="checkbox"/> ADMITTED WITH HOSPITAL ACQUIRED
<input type="checkbox"/> AMB.	<input type="checkbox"/> PRE-OPERATIVE
<input checked="" type="checkbox"/> OUT PT.	<input type="checkbox"/> POST-OPERATIVE
<input type="checkbox"/> DOM.	<input type="checkbox"/> NON-SURGICAL
<input type="checkbox"/> NP	<input type="checkbox"/> POSTPARTUM
	<input type="checkbox"/> NEWBORN
	<input type="checkbox"/> OTHER (Specify)
LAB ID. NO.	

SPECIMEN TAKEN	DATE	TIME	A.M. P.M.
	7/14/76	0700	
EXAMINATION REQUESTED	<input type="checkbox"/> SMEAR	<input checked="" type="checkbox"/> CULTURE	<input type="checkbox"/> COLONY COUNT
	<input checked="" type="checkbox"/> SENSITIVITY		
REPORT:			

PREDOMINANT ORGANISM(S)

SENSITIVITY

MICROBIOLOGY I
 Standard Form 553 (July 1971)—GSA FPMR 101-11.8

FORD, President Gerald R.
 The White House
 372-28-6532

025700

SPECIMEN/LAB RPT. NO.

MICRO-BIOLOGY I

PATIENT STATUS

- BED
 AMB.
 OUT PT.
 DOM.
 NP

INFECTION

- ADMITTED WITH HOSPITAL ACQUIRED
 PRE-OPERATIVE
 POST-OPERATIVE
 NON-SURGICAL POSTPARTUM
 NEWBORN
 OTHER (Specify)

Enter in above space: PATIENT IDENTIFICATION—TREATING FACILITY—WARD NO.—DATE

REQUESTING PHYSICIAN'S SIGNATURE

Wm. M. Lukash, M.D.

REPORTED BY

DATE

LAB ID. NO.

MD
TECH

CLINICAL INFORMATION (Include Specimen Source)

urine

ANTIBACTERIAL THERAPY

IN
 14 JUL 76 20 6 05
 LABORATORY DEPARTMENT
 HAYMED SCHOOL, NIMC
 BETHESDA, MARYLAND 20014

SPECIMEN TAKEN

DATE 7/14/76 TIME 0700 A.M. P.M.

EXAMINATION REQUESTED

- SMEAR
 SENSITIVITY
 CULTURE
 COLONY COUNT

REPORT:

PREDOMINANT ORGANISM(S)

1.
2.

SENSITIVITY

COLONY COUNT
 200 / ML
 OF URINE.

Streptococci
 7/15/76

MICROBIOLOGY I

CLINICAL RECORD

LABORATORY REPORTS

Blank lined area for clinical record and laboratory reports.

ATTACH 3D REPORT ALONG HERE ↑ AND SUCCEEDING ONES ON ABOVE LINES

ATTACH 2D REPORT WITH TOP AT THIS LINE ↑

ATTACH 1ST REPORT ALONG LEFT MARGIN WITH TOP AT THIS LINE ↑

ATTACHING MARGIN

ATTACH ALL TEST REPORTS TO THIS SHEET

PATIENT'S IDENTIFICATION (For typed or written entries give: Name—last, first, middle; grade; date; hospital or medical facility)

REGISTER NO.

WARD NO.

PLATE NO. 14752

LABORATORY REPORTS

Standard Form 514

514-104

Stock No. 0109-201-2701

PATIENT CUMULATIVE REPORT

AL (file)

111111 FORD, GERALD

00 372 28 6532 WH

7/14/76

DATE 7/14

TEST	NORMALS	UNITS	
SMA-12			(0852)
TOT PROT	6.0- 8.0	GM%	6.4
ALBUMIN	3.5- 5.0	GM%	4.2
CALCIUM	8.5- 10.5	MG%	9.2
PHOS	2.5- 4.5	MG%	4.0
CHOLEST	150.0-300.0	MG%	285.
BUN	10.0- 20.0	MG%	16.
URIC AC	2.5- 8.0	MG%	7.5
CREATNIN	.6- 1.4	MG%	1.2
TOT BILI	.2- 1.0	MG%	.6
ALK PHOS	30.0- 85.0	MU/ML	55.
LDH	100.0-225.0	MU/ML	213.
SGOT	7.0- 40.0	MU/ML	27.

STAT CHEM	BLOOD	(0852)
GLUCOSE	80.0-120.0	MG%
BUN	10.0- 22.0	MG%
NA+	135.0-145.0	MEQ/L
K+	3.5- 5.0	MEQ/L
CL	95.0-108.0	MEQ/L
CO2	21.0- 27.0	MEQ/L

LIPIDS	BLOOD	(0852)
CHOLEST		MG%
TRIGLYC		MG%

STAT UA	URINE	(0851)
COLOR		YELLOW
APPEARNC		CLEAR
SPC GRAV		1.015
BLOOD		NEG
KETONES		NEG
GLUCOSE		NEG
PROTEIN		NEG
PH		6.0
RBC'S	/HPF	NONE
WBC'S	/HPF	RARE
EPI'S	/HPF	RARE
AMORPH		FEW

CBC STAT	BLOOD	(0852)
WBC	5.0- 10.0	K/CMM
RBC	4.7- 6.1	M/CMM
HGB	14.0- 18.0	GM%
HCT	42.0- 52.0	VOL%
MCV	80.0- 94.0	CMI
MCH	27.0- 31.0	MMG
MCHC	32.0- 36.0	%

111111 FORD, GERALD

00 372 28 6532 WH

7/14/76

PATIENT CUMULATIVE REPORT

111111 FORD, GERALD

00 372 28 6532 WH

7/14/76

DATE 7/14

TEST NORMALS UNITS

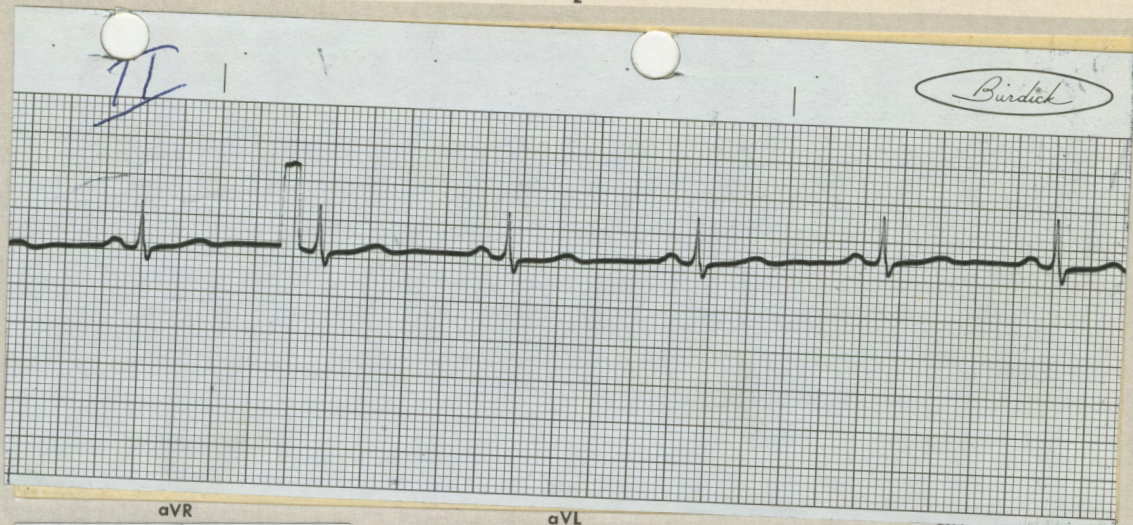
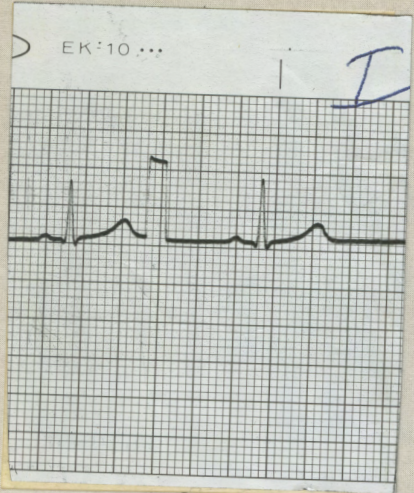
DIFF STAT	BLOOD	(0852)
STAB	.0- .0	% 03.
SEG	51.0- 67.0	% 60.
LYMPH	21.0- 35.0	% 31.
MONO	4.0- 8.0	% 06.
PLATELTS		ADEQ
ANISO		RARE
POIKILO		1+
ATYP LYM		RARE

***** PERMANENT REPORT - RETAIN ON CHART *****

111111 FORD, GERALD

00 372 28 6532 WH

7/14/76

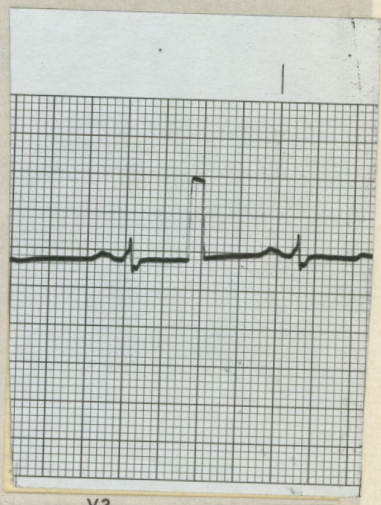
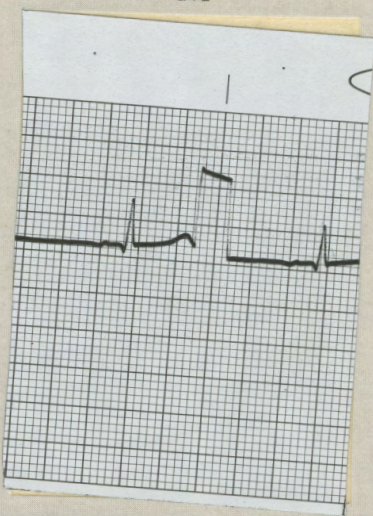
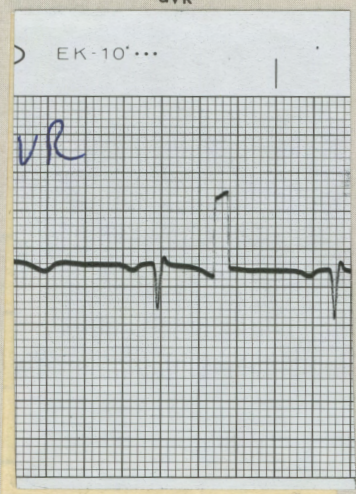
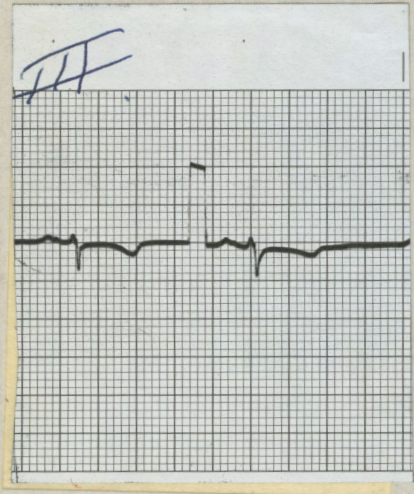


3

aVR

aVL

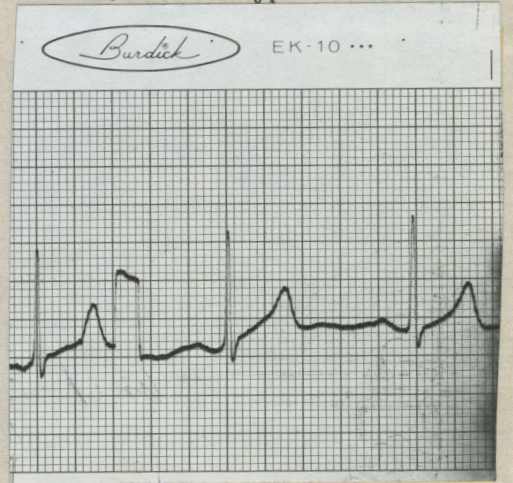
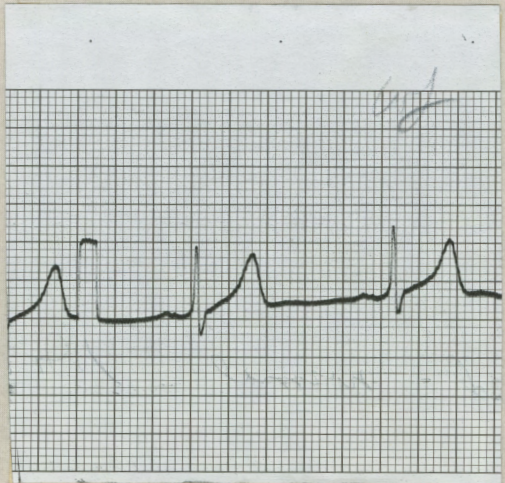
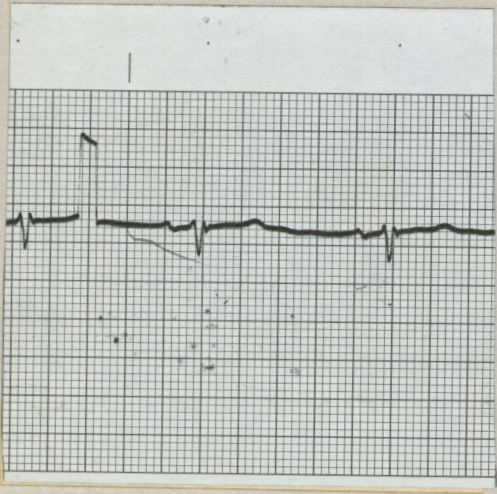
aVF



VI

V2

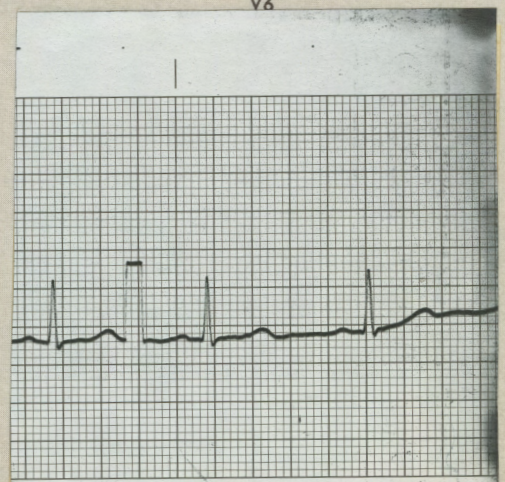
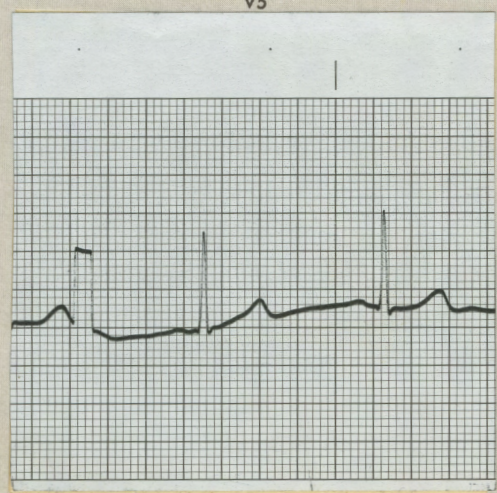
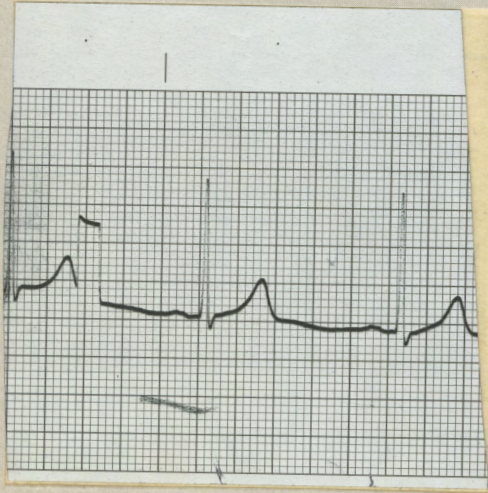
V2



V4

V5

V6



PATIENT Ford, Gerald R. DATE 14 July 1976

ADDRESS White House AGE _____ SEX M

HEIGHT _____ WEIGHT _____

TELEPHONE NO. _____ BUILD { LINEAR _____

INTERMEDIATE _____

LATERAL _____

OCCUPATION _____ BLOOD PRESSURE 124/72

DOCTOR(S) Lubash

HISTORY _____

MEDICATION _____

PATIENT POS. _____ P WAVES _____

AURIC. RATE _____ T WAVES _____

VENT. RATE _____ S-T SEGMENT _____

P-R INTERVAL _____ RHYTHM _____

QRS INTERVAL _____ ELEC. AXIS _____

Q-T INTERVAL _____ ELEC. POSITION _____

FINDINGS unchanged - normal 18 L

REMARKS _____